*your rights*

* You have the right to clear and accurate information about the concerns Child, Youth and Family have.
* You can have support people when we meet with you, as long as this is safe for everyone.
* You can ask for meetings to be away from your home if you wish.
* You can talk to your social worker about any concerns, or you can call the parents’ helpline anytime on 0508 ASK CYF (0508 275 293).
* If you’re not happy with how things are going, or you want to talk to someone other than Child, Youth and Family, you can call a community agency such as the Citizen’s Advice Bureau on 0800 FOR CAB (0800 367 222), or you can contact a lawyer if you want legal advice.
* You can request a copy of your child’s file at any time by calling 0508 FAMILY (0508 326 459). The Official Information Act guides us on what can and can’t be released to you. Sometimes that means parts of the file will not be given to you, for example, sometimes the name of the person who contacted us will be withheld